



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Moka, Max

Club: Arnstdt
Number: 907

Course: 1.20 km
Schüler- und Jedermannlauf

Category:
AK 8 männlich

Total time: 7:03

Speed: 8.51 km/h
Running performance: 5:52 min/km

Rank in course/Total: 39 (of 66)

Rank in course/Men: 27 (of 32)

Best time in course: 4:52

Rank in category: 4(of 8)

Best time in the category: 6:30