



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

albrecht, nils

Club: WSV Schmiedefeld
Number: 935

Course: 1.20 km
Schüler- und Jedermannlauf

Category:
AK 10 männlich

Total time: 5:33

Speed: 10.81 km/h
Running performance: 4:37 min/km

Rank in course/Total: 4 (of 66)

Rank in course/Men: 4 (of 32)

Best time in course: 4:52

Rank in category: 1(of 6)

Best time in the category: 5:33