



Alteburglauf 2009  
Arnstadt / 30.04.2009

## Detailed evaluation

**Reuß, Josi**

Club: Luisenthaler SV  
Number: 980

Course: 1.20 km  
Schüler- und Jedermannlauf

Category:  
AK 8 weiblich

Total time: 7:51

Speed: 7.64 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 54 (of 66)  
Rank in course/Women: 24 (of 34)  
Best time in course: 5:40

Rank in category: 4(of 10)  
Best time in the category: 6:58