



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Ansorg, Zion-Elijah

Club: Arnstadt
Number: 901

Course: 1.20 km
Schüler- und Jedermannlauf

Category:
AK 8 männlich

Total time: 10:21

Speed: 5.80 km/h
Running performance: 8:37 min/km

Rank in course/Total: 66 (of 66)

Rank in course/Men: 32 (of 32)

Best time in course: 4:52

Rank in category: 8(of 8)

Best time in the category: 6:30