



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Raab, Mathias

Club: Lauftreff Plaue
Number: 934

Course: 3.50 km
Jugendlauf

Category:
männliche Jugend B

Total time: 16:04

Speed: 11.20 km/h

Running performance: 4:35 min/km

Rank in course/Total: 3 (of 17)

Rank in course/Men: 3 (of 6)

Best time in course: 15:17

Rank in category: 2(of 2)

Best time in the category: 15:19