



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Reiche, Cassandra

Club: LSV Lok Arnstadt
Number: 915

Course: 3.50 km
Jugendlauf

Category:
weibliche Jugend B

Total time: 16:11

Speed: 11.12 km/h
Running performance: 4:37 min/km

Rank in course/Total: 4 (of 17)

Rank in course/Women: 1 (of 11)

Best time in course: 16:11

Rank in category: 1(of 2)

Best time in the category: 16:11