



Alteburglauf 2009  
Arnstadt / 30.04.2009

## Detailed evaluation

**Korn, Sascha**

Club: GMRLV Langewiesen  
Number: 914

Course: 3.50 km  
Jugendlauf

Category:  
AK 14 männlich

Total time: 16:29

Speed: 10.92 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 6 (of 17)

Rank in course/Men: 4 (of 6)

Best time in course: 15:17

Rank in category: 1(of 3)

Best time in the category: 16:29