



Alteburglauf 2009  
Arnstadt / 30.04.2009

## Detailed evaluation

**Sauer, Caro**

Club: Katholische Laufjugend Arnstadt  
Number: 924

Course: 3.50 km  
Jugendlauf

Category:  
AK 14 weiblich

Total time: 17:22

Speed: 10.36 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 10 (of 17)  
Rank in course/Women: 5 (of 11)  
Best time in course: 16:11

Rank in category: 2(of 3)  
Best time in the category: 16:22