



Alteburglauf 2009  
Arnstadt / 30.04.2009

## Detailed evaluation

**Abe, Anna**

Club: Förderzentrum Marienstift  
Number: 917

Course: 3.50 km  
Jugendlauf

Category:  
Jedermannklasse weibl.

Total time: 25:16

Speed: 7.12 km/h  
Running performance: 7:13 min/km

Rank in course/Total: 17 (of 17)  
Rank in course/Women: 11 (of 11)  
Best time in course: 16:11

Rank in category: 5(of 5)  
Best time in the category: 19:39