



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Kuhne, Sebastian

Club: TSV Arnstadt
Number: 833

Course: 10.00 km
Hauptlauf

Category:
Männer M30

Total time: 38:57

Speed: 15.40 km/h
Running performance: 3:54 min/km

Rank in course/Total: 7 (of 114)

Rank in course/Men: 7 (of 87)

Best time in course: 35:32

Rank in category: 2(of 5)

Best time in the category: 38:51