



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Herrmann, Michael

Club: sc impuls Erfurt
Number: 820

Course: 10.00 km
Hauptlauf

Category:
Männer M50

Total time: 39:01

Speed: 15.38 km/h
Running performance: 3:54 min/km

Rank in course/Total: 8 (of 114)

Rank in course/Men: 8 (of 87)

Best time in course: 35:32

Rank in category: 1(of 8)

Best time in the category: 39:01