



Alteburglauf 2009
Arnstadt / 30.04.2009

Detailed evaluation

Schrickel, Andre

Club: WSV Ilmenau
Number: 789

Course: 10.00 km
Hauptlauf

Category:
Männer M45

Total time: 39:12

Speed: 15.31 km/h
Running performance: 3:55 min/km

Rank in course/Total: 10 (of 114)

Rank in course/Men: 10 (of 87)

Best time in course: 35:32

Rank in category: 2(of 15)

Best time in the category: 38:47