



29. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Zobirei, Ralf

Club: SWV Goldlauter  
Number: 740

Course: 19.00 km  
Großer Lauf

Category:  
Männer M55

Total time: 1:42:12

Speed: 11.15 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 46 (of 56)

Rank in course/Men: 39 (of 47)

Best time in course: 1:08:33

Rank in category: 4(of 6)

Best time in the category: 1:17:52