



29. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Gratias, Werner

Club: WSV Ilmenau  
Number: 748

Course: 19.00 km  
Großer Lauf

Category:  
Männer M55

Total time: 1:55:58

Speed: 9.83 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 52 (of 56)

Rank in course/Men: 44 (of 47)

Best time in course: 1:08:33

Rank in category: 6(of 6)

Best time in the category: 1:17:52