



29. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Donczik, Griseldis

Club: LSV Ilmenau

Number: 237

Course: 11.00 km

Hauptlauf

Category:

Frauen W40

Total time: 57:12

Speed: 11.54 km/h

Running performance: 5:12 min/km

Rank in course/Total: 38 (of 78)

Rank in course/Women: 1 (of 13)

Best time in course: 57:12

Rank in category: 1(of 4)

Best time in the category: 57:12