



29. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Gräbner, Recha

Club: Nordhausen
Number: 239

Course: 11.00 km
Hauptlauf

Category:
Frauen W40

Total time: 1:06:08

Speed: 9.98 km/h
Running performance: 6:01 min/km

Rank in course/Total: 57 (of 78)
Rank in course/Women: 6 (of 13)
Best time in course: 57:12

Rank in category: 3(of 4)
Best time in the category: 57:12