



29. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Brijder, Berend jan

Number: 248

Course: 11.00 km  
Hauptlauf

Category:  
Männer M35

Total time: 1:08:02

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 64 (of 78)

Rank in course/Men: 56 (of 65)

Best time in course: 40:20

Rank in category: 7(of 7)

Best time in the category: 47:01