



29. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Pawlik, Mario

Club: Pawliks Lauffamily
Number: 725

Course: 19.00 km
Großer Lauf

Category:
Männer M30

Total time: 1:16:46

Speed: 14.85 km/h
Running performance: 4:02 min/km

Rank in course/Total: 10 (of 56)

Rank in course/Men: 10 (of 47)

Best time in course: 1:08:33

Rank in category: 3(of 3)

Best time in the category: 1:12:05