



29. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Kretzschmar, Manfred

Number: 785

Course: 19.00 km  
Großer Lauf

Category:  
Männer M55

Total time: 1:23:26

Speed: 13.66 km/h

Running performance: 4:23 min/km

Rank in course/Total: 20 (of 56)

Rank in course/Men: 18 (of 47)

Best time in course: 1:08:33

Rank in category: 2(of 6)

Best time in the category: 1:17:52