



29. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Thomas, Frank

Club: SV Cursdorf-Meuselbach
Number: 726

Course: 19.00 km
Großer Lauf

Category:
Männer M45

Total time: 1:27:33

Speed: 13.02 km/h
Running performance: 4:37 min/km

Rank in course/Total: 26 (of 56)

Rank in course/Men: 24 (of 47)

Best time in course: 1:08:33

Rank in category: 6(of 9)

Best time in the category: 1:08:33