



29. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Thiede, Constanze

Number: 782

Course: 19.00 km
Großer Lauf

Category:
Frauen W40

Total time: 1:35:45

Speed: 11.91 km/h

Running performance: 5:02 min/km

Rank in course/Total: 36 (of 56)

Rank in course/Women: 5 (of 9)

Best time in course: 1:18:52

Rank in category: 3(of 4)

Best time in the category: 1:18:52