



29. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 02.05.2009

Detailed evaluation

Esche, Sonja

Total time: 1:40:18

Number: 861

Speed: 11.37 km/h

Running performance: 5:17 min/km

Course: 19.00 km

Rank in course/Total: 44 (of 56)

Großer Lauf

Rank in course/Women: 7 (of 9)

Category:

Best time in course: 1:18:52

Frauen W45

Rank in category: 1(of 2)

Best time in the category: 1:40:18