



Altstadtrennen Höxter

Höxter / 02.05.2009

Detailed evaluation

Heine, Frank

Club: Höxter-Lüchtringen

Number: 44

Course: 26.10 km

Rennen 3, Masters, Senioren II

Category:

Masters männlich

Total time: 1:10:40

Speed: 22.08 km/h

Rank in course/Total: 33 (of 43)

Rank in course/Men: 33 (of 40)

Best time in course: 57:06

Rank in category: 29(of 31)

Best time in the category: 57:06

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|-----------------|-------|-------|-------|--------|------|-----|-------|-------|---------|-------|--------|-------|--------|-------|
| | km | Time | | | Men | Men | | | | | | | | km |
| Lap 1 | 3.50 | 8:59 | 20.04 | 25 | 1:18 | 27 | 1:18 | 3.50 | 8:59 | 20.04 | 29 | 1:18 | 35 | 1:18 |
| Lap 2 | 2.90 | 7:33 | 15.89 | 30 | 1:33 | 34 | 1:33 | 6.40 | 16:32 | 21.77 | 1 | - | 40 | 1:04 |
| Lap 3 | 2.90 | 7:36 | 15.79 | 30 | 1:12 | 36 | 1:12 | 9.30 | 24:08 | 22.38 | 1 | - | 40 | 1:48 |
| Lap 4 | 2.90 | 7:41 | 15.62 | 30 | 1:21 | 36 | 1:21 | 12.20 | 31:49 | 22.63 | 1 | - | 40 | 2:32 |
| Lap 5 | 2.90 | 7:48 | 15.38 | 30 | 1:26 | 36 | 1:26 | 15.10 | 39:37 | 22.72 | 1 | - | 40 | 3:24 |
| Lap 6 | 2.90 | 7:42 | 15.58 | 30 | 1:24 | 35 | 1:24 | 18.00 | 47:19 | 22.82 | 1 | - | 11 | 4:10 |
| Lap 7 | 2.90 | 7:26 | 16.14 | 28 | 1:02 | 31 | 1:02 | 20.90 | 54:45 | 21.92 | 1 | - | 39 | 4:41 |
| Lap 8 | 2.90 | 10:00 | 12.00 | 23 | 3:41 | 25 | 3:41 | 23.80 | 1:04:45 | 21.31 | 30 | 12:34 | 36 | 7:49 |
| Last lap Finish | 2.30 | 5:55 | 20.28 | 28 | 1:01 | 32 | 1:01 | 26.10 | 1:10:40 | 22.08 | 29 | 13:34 | 33 | 13:34 |