



# Altstadttrennen Höxter

Höxter / 02.05.2009

## Detailed evaluation

**Gomes, Helder**

Club: DDMC Solling e.V.

Number: 579

Course: 26.10 km

Rennen 4, Senioren I

Category:

Senioren I

Total time: 1:01:56

Speed: 25.19 km/h

Rank in course/Total: 11 (of 40)

Rank in course/Men: 10 (of 39)

Best time in course: 59:05

Rank in category: 10(of 39)

Best time in the category: 59:05

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			km/h	Cat.								Cat.
Lap 1	3.50	8:40	20.77	17	1:00	17	1:00	3.50	8:40	20.77	5	0:18	5	0:18
Lap 2	2.90	6:48	17.65	9	0:22	9	0:22	6.40	15:28	23.28	36	0:11	36	0:11
Lap 3	2.90	6:49	17.60	9	0:20	9	0:20	9.30	22:17	24.23	11	0:03	11	0:03
Lap 4	2.90	6:55	17.35	9	0:24	9	0:24	12.20	29:12	24.66	36		36	
Lap 5	2.90	6:55	17.35	10	0:23	10	0:23	15.10	36:07	24.92	36		36	
Lap 6	2.90	6:50	17.56	7	0:18	7	0:18	18.00	42:57	25.15	36		36	
Lap 7	2.90	6:55	17.35	10	0:28	10	0:28	20.90	49:52	24.06	36		36	
Lap 8	2.90	6:47	17.69	7	0:12	7	0:12	23.80	56:39	24.36	36		36	
Last lap Finish	2.30	5:17	22.71	7	0:11	7	0:11	26.10	1:01:56	25.19	10	2:51	10	2:51