



Altstadttrennen Höxter

Höxter / 02.05.2009

Detailed evaluation

Adam, Siegfried

Club: Horn Bad Meinberg

Number: 5

Course: 26.10 km

Rennen 4, Senioren I

Category:

Senioren I

Total time: 1:12:23

Speed: 21.55 km/h

Rank in course/Total: 31 (of 40)

Rank in course/Men: 31 (of 39)

Best time in course: 59:05

Rank in category: 31(of 39)

Best time in the category: 59:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.50	9:15	19.46	26	1:35	26	1:35	3.50	9:15	19.46	38	0:53	38	0:53	
Lap 2	2.90	7:36	15.79	31	1:10	31	1:10	6.40	16:51	21.36	38	1:34	38	1:34	
Lap 3	2.90	7:46	15.45	33	1:17	33	1:17	9.30	24:37	21.94	38	2:23	38	2:23	
Lap 4	2.90	7:47	15.42	31	1:16	31	1:16	12.20	32:24	22.22	38	3:10	38	3:10	
Lap 5	2.90	7:44	15.52	30	1:12	30	1:12	15.10	40:08	22.43	38	3:45	38	3:45	
Lap 6	2.90	7:35	15.82	28	1:03	28	1:03	18.00	47:43	22.63	38	4:12	38	4:12	
Lap 7	2.90	8:09	14.72	34	1:42	34	1:42	20.90	55:52	21.48	38	5:08	38	5:08	
Lap 8	2.90	10:00	12.00	27	3:25	27	3:25	23.80	1:05:52	20.95	38	7:56	38	7:56	
Last lap Finish	2.30	6:31	18.41	35	1:25	35	1:25	26.10	1:12:23	21.55	31	13:18	31	13:18	