



Altstadttrennen Höxter

Höxter / 02.05.2009

Detailed evaluation

Galonska, Heiko

Club: Holzminden

Number: 4

Course: 26.10 km

Rennen 4, Senioren I

Category:

Senioren I

Total time: 1:13:15

Speed: 21.38 km/h

Rank in course/Total: 33 (of 40)

Rank in course/Men: 33 (of 39)

Best time in course: 59:05

Rank in category: 33(of 39)

Best time in the category: 59:05

Intermediate times

Stage score

Total ranking

Control	Split		Pos Cat.	Behind Cat.	Pos		Behind Men	Total		Pos Cat.	Behind Cat.	Pos		Behind Men
	km	Time			km/h	Men		Men	km			Time	km/h	
Lap 1	3.50	10:02	20.93	36	2:22	36	2:22	3.50	10:02	20.93	9	1:40	9	1:40
Lap 2	2.90	7:44	22.50	32	1:18	32	1:18	6.40	17:46	21.61	9	2:29	9	2:29
Lap 3	2.90	7:42	22.60	31	1:13	31	1:13	9.30	25:28	21.91	9	3:14	9	3:14
Lap 4	2.90	7:53	22.07	32	1:22	32	1:22	12.20	33:21	21.95	9	4:07	9	4:07
Lap 5	2.90	7:45	22.45	31	1:13	31	1:13	15.10	41:06	22.04	9	4:43	9	4:43
Lap 6	2.90	7:55	21.98	32	1:23	32	1:23	18.00	49:01	22.03	9	5:30	9	5:30
Lap 7	2.90	7:57	21.89	32	1:30	32	1:30	20.90	56:58	22.01	9	6:14	9	6:14
Lap 8	2.90	10:00	17.40	27	3:25	27	3:25	23.80	1:06:58	21.32	9	9:02	9	9:02
Last lap Finish	2.30	6:17	21.96	32	1:11	32	1:11	26.10	1:13:15	21.38	33	14:10	33	14:10