



3. Bad Salzunger Burgseelauf

Bad Salzungen / 06.05.2009

Detailed evaluation

Albrecht/Matthes

Club: Albrecht/Matthes

Number: 0

Course: 18.24 km

Paarstaffellauf 15 Runden

Category:

Staffel Mix

Total time: 1:18:50

Speed: 13.88 km/h

Running performance: 4:19 min/km

Rank in course/Total: 2 (of 4)

Rank in course/Total: 2 (of 4)

Best time in course: 1:02:42

Rank in category: 1(of 1)

Best time in the category: 1:18:50