



### 3. Bad Salzunger Burgseelauf Bad Salzungen / 06.05.2009

#### Detailed evaluation

**Hohmann, Pulkus**

Club: Pulkus/ Hohmann

Number: 21

Course: 18.24 km

Paarstaffellauf 15 Runden

Category:

Staffel Männer

Total time: 1:36:24

Speed: 11.35 km/h

Running performance: 5:17 min/km

Rank in course/Total: 4 (of 4)

Rank in course/Total: 4 (of 4)

Best time in course: 1:02:42

Rank in category: 3(of 3)

Best time in the category: 1:02:42