



3. Bad Salzunger Burgseelauf
Bad Salzungen / 06.05.2009

Detailed evaluation

Mittelsdorf, Michelle

Club: 1. Stadtschule

Number: 23

Course: 12.16 km

Hauptlauf 2 (10 Runden)

Category:

weibliche Jugend B

Total time: 1:38:06

Speed: 7.34 km/h

Running performance: 8:04 min/km

Rank in course/Total: 19 (of 38)

Rank in course/Women: 7 (of 20)

Best time in course: 1:03:39

Rank in category: 1(of 4)

Best time in the category: 1:38:06