



3. Bad Salzunger Burgseelauf Bad Salzungen / 06.05.2009

Detailed evaluation

Brodrecht, Rene

Club: 1. TSV 1990 Bad Salzungen
Number: 250

Course: 18.24 km
Hauptlauf 3 (15 Runden)

Category:
Männer M45

Total time: 1:43:31

Speed: 10.43 km/h
Running performance: 5:41 min/km

Rank in course/Total: 2 (of 5)

Rank in course/Men: 2 (of 3)

Best time in course: 1:16:29

Rank in category: 1(of 1)

Best time in the category: 1:43:31