



3. Bad Salzunger Burgseelauf  
Bad Salzungen / 06.05.2009

Detailed evaluation

Malsch, Antje

Club: Steinbach

Number: 254

Course: 18.24 km

Hauptlauf 3 (15 Runden)

Category:

Frauen W45

Total time: 1:48:04

Speed: 9.99 km/h

Running performance: 5:55 min/km

Rank in course/Total: 4 (of 5)

Rank in course/Women: 1 (of 2)

Best time in course: 1:48:04

Rank in category: 1(of 1)

Best time in the category: 1:48:04