



3. Bad Salzunger Burgseelauf  
Bad Salzungen / 06.05.2009

Detailed evaluation

Schiffhauer, Alyssa

Club: WSV Steinbach 1907

Number: 61

Course: 2.43 km

Schulklassenlauf 2 Runden

Category:

weibliche Schüler D

Total time: 11:43

Speed: 10.24 km/h

Running performance: 4:49 min/km

Rank in course/Total: 5 (of 20)

Rank in course/Women: 2 (of 12)

Best time in course: 11:05

Rank in category: 1(of 2)

Best time in the category: 11:43