



3. Bad Salzunger Burgseelauf  
Bad Salzungen / 06.05.2009

Detailed evaluation

Krone, Jörg

Club: Sportteam STEINBACH  
Number: 197

Course: 6.08 km  
Hauptlauf 1 (5 Runden)

Category:  
Männer M40

Total time: 21:17

Speed: 17.14 km/h  
Running performance: 3:30 min/km

Rank in course/Total: 1 (of 26)

Rank in course/Men: 1 (of 15)

Best time in course: 21:17

Rank in category: 1(of 1)

Best time in the category: 21:17