



3. Bad Salzunger Burgseelauf Bad Salzungen / 06.05.2009

Detailed evaluation

Poller, Evelyn

Club: Lauffreß Breitungen
Number: 0

Course: 6.08 km
Hauptlauf 1 (5 Runden)

Category:
Frauen W40

Total time: 33:18

Speed: 10.81 km/h
Running performance: 5:29 min/km

Rank in course/Total: 10 (of 26)

Rank in course/Women: 2 (of 11)

Best time in course: 30:14

Rank in category: 1(of 1)

Best time in the category: 33:18