



### 3. Bad Salzunger Burgseelauf Bad Salzungen / 06.05.2009

#### Detailed evaluation

#### PSV Runners

Club: PSV Runners  
Number: 9

Course: 12.16 km  
Paarstaffellauf 10 Runden

Category:  
Staffel Männer

Total time: 43:07

Speed: 16.70 km/h  
Running performance: 3:33 min/km

Rank in course/Total: 2 (of 9)

Rank in course/Total: 2 (of 9)

Best time in course: 42:05

Rank in category: 1(of 3)

Best time in the category: 43:07