



3. Bad Salzunger Burgseelauf
Bad Salzungen / 06.05.2009

Detailed evaluation

Kitzing, Susanne

Club: Förderzentrum Dorndorf
Number: 0

Course: 6.08 km
Hauptlauf 1 (5 Runden)

Category:
Frauen W45

Total time: 44:10

Speed: 8.15 km/h
Running performance: 7:16 min/km

Rank in course/Total: 18 (of 26)
Rank in course/Women: 5 (of 11)
Best time in course: 30:14

Rank in category: 3(of 3)
Best time in the category: 39:44