



3. Bad Salzunger Burgseelauf
Bad Salzungen / 06.05.2009

Detailed evaluation

Schwarzer, Mario

Club: Rhöner WSV

Number: 20

Course: 12.16 km

Hauptlauf 2 (10 Runden)

Category:

Männer M35

Total time: 50:20

Speed: 14.30 km/h

Running performance: 4:08 min/km

Rank in course/Total: 2 (of 38)

Rank in course/Men: 2 (of 18)

Best time in course: 43:41

Rank in category: 1(of 2)

Best time in the category: 50:20