



3. Bad Salzunger Burgseelauf Bad Salzungen / 06.05.2009

Detailed evaluation

Silvester Runners 3

Club: Silvester Runners 3
Number: 5

Course: 12.16 km
Paarstaffellauf 10 Runden

Category:
Staffel Frauen

Total time: 59:09

Speed: 12.33 km/h
Running performance: 4:52 min/km

Rank in course/Total: 5 (of 9)

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Best time in course: 42:05

Rank in category: 3(of 5)

Best time in the category: 47:02