



### 3. Bad Salzunger Burgseelauf Bad Salzungen / 06.05.2009

#### Detailed evaluation

**Dittmar, Marion**

Club: Rhöner WSV - GS Wiesenthal  
Number: 0

Course: 12.16 km  
Hauptlauf 2 (10 Runden)

Category:  
Frauen W40

Total time: 1:03:39

Speed: 11.31 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 9 (of 38)  
Rank in course/Women: 1 (of 20)  
Best time in course: 1:03:39

Rank in category: 1(of 4)  
Best time in the category: 1:03:39