



3. Bad Salzunger Burgseelauf  
Bad Salzungen / 06.05.2009

Detailed evaluation

Dr. Krumbein, Ludger

Club: 1. Hecker e. V.

Number: 0

Course: 12.16 km

Hauptlauf 2 (10 Runden)

Category:

Männer M50

Total time: 1:04:38

Speed: 11.14 km/h

Running performance: 5:19 min/km

Rank in course/Total: 11 (of 38)

Rank in course/Men: 10 (of 18)

Best time in course: 43:41

Rank in category: 1(of 1)

Best time in the category: 1:04:38