



3. Bad Salzunger Burgseelauf Bad Salzungen / 06.05.2009

Detailed evaluation

Melzer, Ina

Club: Bad Salzungen

Number: 0

Course: 12.16 km

Hauptlauf 2 (10 Runden)

Category:

Frauen W40

Total time: 1:04:40

Speed: 11.13 km/h

Running performance: 5:19 min/km

Rank in course/Total: 13 (of 38)

Rank in course/Women: 3 (of 20)

Best time in course: 1:03:39

Rank in category: 2(of 4)

Best time in the category: 1:03:39