



3. Bad Salzunger Burgseelauf
Bad Salzungen / 06.05.2009

Detailed evaluation

Mattheis, Dagmar

Club: Brotterode

Number: 0

Course: 12.16 km

Hauptlauf 2 (10 Runden)

Category:

Frauen W40

Total time: 1:10:10

Speed: 10.26 km/h

Running performance: 5:46 min/km

Rank in course/Total: 16 (of 38)

Rank in course/Women: 6 (of 20)

Best time in course: 1:03:39

Rank in category: 4(of 4)

Best time in the category: 1:03:39