



2. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2009

Detailed evaluation

Sprungk, Henri

Club: TV Sangerhausen

Number: 23

Course: 26.50 km

GeißMan (Jedermannrennen) 4.5-19-3.0

Category:

AK 1 männlich (20-29 Jahre)

Total time: 1:04:36

Rank in course/Total: 4 (of 32)

Rank in course/Men: 4 (of 27)

Best time in course: 55:30

Rank in category: 1(of 7)

Best time in the category: 1:04:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lauf	4.50	15:39	15.34	1	-	3	1:20	4.50	15:39	15.34	1	-	23	
Rad	19.00	36:28	31.26	1	-	6	5:29	23.50	52:07	26.48	1	-	23	
Lauf	3.00	12:29	14.42	2	0:22	5	2:17	26.50	1:04:36	24.15	1	-	4	9:06