



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

## Detailed evaluation

**Almeroth, Tom**

Club: ZSG Waltershausen

Number: 2096

Course: 0.80 km

Schülerlauf kurz

Category:

männlich, AK 7

Total time: 4:28

Speed: 0.00 km/h

Running performance: 5:35 min/km

Rank in course/Total: 113 (of 448)

Rank in course/Men: 76 (of 217)

Best time in course: 3:38

Rank in category: 11(of 54)

Best time in the category: 4:00