



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Grohnert, Tom

Club: Gymnasium Ernestinum

Number: 1549

Course: 2.30 km

Schülerlauf lang

Category:

männlich, AK 14

Total time: 10:06

Speed: 11.88 km/h

Running performance: 4:23 min/km

Rank in course/Total: 41 (of 337)

Rank in course/Men: 36 (of 162)

Best time in course: 9:02

Rank in category: 5(of 22)

Best time in the category: 9:39