



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Winkler, Jens

Club: Sportteam Steinbach Meiningen
Number: 2233

Course: 10.00 km
City-Lauf

Category:
Männer M40

Total time: 31:30

Speed: 19.05 km/h
Running performance: 3:09 min/km

Rank in course/Total: 13 (of 253)

Rank in course/Men: 11 (of 196)

Best time in course: 27:34

Rank in category: 3(of 29)

Best time in the category: 29:10