



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Herrmann, Michael

Club: sc impuls erfurt
Number: 95

Course: 10.00 km
City-Lauf

Category:
Männer M50

Total time: 32:01

Speed: 18.74 km/h
Running performance: 3:12 min/km

Rank in course/Total: 16 (of 253)

Rank in course/Men: 13 (of 196)

Best time in course: 27:34

Rank in category: 2(of 19)

Best time in the category: 31:15