



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Pickel, Manuel

Club: LSV- UH  
Number: 157

Course: 10.00 km  
City-Lauf

Category:  
männliche Jugend A

Total time: 32:06

Speed: 18.69 km/h  
Running performance: 3:13 min/km

Rank in course/Total: 17 (of 253)

Rank in course/Men: 14 (of 196)

Best time in course: 27:34

Rank in category: 1(of 4)

Best time in the category: 32:06