



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Wojczyk, Dirk

Club: RSC Waltershausen  
Number: 198

Course: 10.00 km  
City-Lauf

Category:  
Männer M30

Total time: 33:10

Speed: 18.09 km/h  
Running performance: 3:19 min/km

Rank in course/Total: 23 (of 253)

Rank in course/Men: 19 (of 196)

Best time in course: 27:34

Rank in category: 3(of 9)

Best time in the category: 28:08