



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Damm, Martin

Club: Gotha
Number: 2219

Course: 10.00 km
City-Lauf

Category:
Männer M20

Total time: 34:01

Speed: 17.64 km/h
Running performance: 3:24 min/km

Rank in course/Total: 31 (of 253)

Rank in course/Men: 27 (of 196)

Best time in course: 27:34

Rank in category: 4(of 25)

Best time in the category: 27:34